

FARM to TABLE THURSDAYS

seasonal dining from Iowa farms

September 19, 2019

appetizers

LAMB AND VEGETABLE MEATBALLS 11
Tomato Jam, Carrot and Basil Salad

VEGETABLE AND CHEESE PLATE 13
Sungold Tomatoes, Cucumbers, Kohlrabi, Pickled Vegetables,
Prairie Breeze Cheese, Housemade Accompaniments

Chef's Special: TOMATO WATERMELON SALAD 8
Heirloom Tomatoes, Cherry Tomatoes, Watermelon, Basil, Pickled
Onions, Quark Cheese, Balsamic

entrees

PAN SEARED POLENTA CAKE 13
Eggplant Caponata, Garlic Braised Kale, Sungold Tomato Sauce

SLIDER TRIO 15
Roasted Beet and Goat Cheese, Cucumbers
Braised Beef Ribs, Cabbage Corn Slaw
Applewood Ham, Pickled Oyster Mushrooms

Chef's Special: HERB ROASTED PORK LOIN 21
Crispy Kale Potato Cake; Sautéed Zucchini, Peppers, and Carrots;
Pepper Corn Chutney

shared vegetable sides

Selections vary 6

desserts

ARONIA BERRY WALNUT ICE CREAM 8
Lemon Lavender Cookies

Chef's Special: CARAMEL CHEESECAKE 8
Roasted Pristine Apples

beverages

SMOKEY ROW COFFEE 2
TEA 2

A note from Chef Katie:

Thank you for dining at the Wallace House tonight. I want to share our core food values and beliefs with you because I think these set us apart from many other dining options:

- Our menus directly connect to our garden, land, and historic sites
- We offer seasonal, house made dishes using quality ingredients
- Using local sources support Iowa's family farms & small businesses

We embrace local food and sustainable agriculture. Sourcing fresh, seasonal ingredients locally results in tastier, more nutritious food and showcases Iowa's ability to produce high quality ingredients. Farm to Table Thursdays connect you to our garden, land and historic sites and to other members of the local foods community.

Ingredients from the Henry A. Wallace Country Life Center farm:

Apples, Strawberries, Melon, Kohlrabi, Turnips, Cucumbers, Cabbage, Kale, Carrots, Swiss Chard, Potatoes, Eggplant, Peppers, Beets, Tomatoes, Leeks, Onions, Garlic, Herbs and Flowers

Thank you for supporting these other Iowa farms and food businesses:

Orr Lamb
Boyer Family Farms
Mary's Farm & Garden
Rouse Farms
Early Morning Harvest
Story City Locker
Milton Creamery
Picket Fence Creamery
South Union Bakery
Farm Table Delivery
Des Moines Bacon Company

Come again soon!



Wallace House: 756 16th Street, Des Moines • 515.243.7063 • www.wallace.org

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