

# FARM to TABLE THURSDAYS

*seasonal dining from Iowa farms*

August 29, 2019

## *appetizers*

LAMB AND VEGETABLE MEATBALLS 11  
Tomato Jam, Carrot and Basil Salad

VEGETABLE AND CHEESE PLATE 13  
Sungold Tomatoes, Green Beans, Cucumbers, Kohlrabi,  
Turnips, Pickled Vegetables, Prairie Breeze Cheese,  
Housemade Accompaniments

**Chef's Special:** BEET AND QUARK CHEESE CROSTINI 8  
Yellow Beets and Curry, Chiogga Beets and Basil,  
Red Beets and Balsamic

## *entrees*

PAN SEARED POLENTA CAKE 13  
Eggplant Caponata, Garlic Braised Kale, Sungold Sauce

SLIDER TRIO 15  
Roasted Eggplant and Goat Cheese, Cucumbers  
Braised Beef Ribs, Cabbage Pepper Slaw  
Applewood Ham, Pickled Oyster Mushrooms

**Chef's Special:** HERB ROASTED PORK LOIN 21  
Garlic Smashed New Potatoes; Sautéed Zucchini, Carrots,  
and Green Beans; Pepper Corn Chutney

## *shared vegetable sides*

Selections vary 6

## *desserts*

ARONIA BERRY WALNUT ICE CREAM 8  
Triple Chocolate Cookies

**Chef's Special:** BROWNEB BUTTER CAKE 8  
Roasted Pears and Raspberries, Quark Cheese

## *beverages*

SMOKEY ROW COFFEE 2  
TEA 2

### A note from Chef Katie:

Thank you for dining at the Wallace House tonight. I want to share our core food values and beliefs with you because I think these set us apart from many other dining options:

- Our menus directly connect to our garden, land, and historic sites
- We offer seasonal, house made dishes using quality ingredients
- Using local sources support Iowa's family farms & small businesses

We embrace local food and sustainable agriculture. Sourcing fresh, seasonal ingredients locally results in tastier, more nutritious food and showcases Iowa's ability to produce high quality ingredients. Farm to Table Thursdays connect you to our garden, land and historic sites and to other members of the local foods community.

### Ingredients from the Henry A. Wallace Country Life Center farm:

Apples, Raspberries, Melon, Kohlrabi, Turnips, Cucumbers, Cabbage, Kale, Carrots, Swiss Chard, Potatoes, Eggplant, Peppers, Beets, Tomatoes, Green Beans, Leeks, Onions, Garlic, Herbs & Flowers

### Thank you for supporting these other Iowa farms and food businesses:

Rouse Farms  
Orr Lamb  
Boyer Family Farms  
Mary's Farm & Garden  
Early Morning Harvest  
Milton Creamery  
Picket Fence Creamery  
South Union Bakery  
Farm Table Delivery  
Des Moines Bacon Company

Come again soon!



Wallace House: 756 16th Street, Des Moines • 515.243.7063 • [www.wallace.org](http://www.wallace.org)

Find us on Facebook: The Wallace Centers of Iowa • Follow us on Instagram: [@wallacecenters](https://www.instagram.com/wallacecenters)