

# FARM to TABLE THURSDAYS

*seasonal dining from Iowa farms*

May 16, 2019

## *appetizers*

LAMB AND VEGETABLE MEATBALLS 11  
Creamy Nettle Puree, Pickled Garlic and Sunflower Sprouts Salad

VEGETABLE AND CHEESE PLATE 13  
Asparagus, Radishes, Pickled Vegetables,  
Prairie Breeze Cheese, Housemade Accompaniments

**Chef's Special:** SPRING GREENS SALAD 8  
Arugula, Lettuce, Microgreens, Pea Shoots, Quark Cheese,  
Curry Granola, and Microgreen Dressing

## *entrees*

PAN SEARED POLENTA CAKE 13  
Roasted Carrots, Sunflower Sprouts, Green Garlic, Green Onions,  
Tomato Jam

SLIDER TRIO 15  
Sautéed Asparagus, Pea Shoots and Quark Cheese;  
Braised Pork Shoulder, Shishito Pepper Puree and Micro Greens;  
Lamb Sausage, Cauliflower Chutney and Sunflower Shoots

**Chef's Special:** RED WINE BEEF SHORT RIBS 23  
Sautéed Asparagus and Spinach, Nettle Farro,  
Cauliflower Relish, Red Wine Sauce

## *shared vegetable sides*

Selections vary 6

## *desserts*

DUO OF RHUBARB ICE CREAM & CANTALOUPE SORBET 8  
Shortbread

**Chef's Special:** NINA'S RHUBARB TART 8  
Quark Cream, Elderberry Reduction

## *beverages*

SMOKEY ROW COFFEE 2  
TEA 2

### **A note from Chef Katie:**

Thank you for dining at the Wallace House tonight. I want to share our core food values and beliefs with you because I think these set us apart from many other dining options:

- Menus connect to our garden, land, and historic sites
- Seasonal, housemade dishes
- Quality ingredients
- Local sources to support Iowa's family farms & small businesses

We embrace local food and sustainable agriculture. Sourcing fresh, seasonal ingredients locally results in tastier, more nutritious food and showcases Iowa's ability to produce high quality ingredients. Farm to Table Thursdays connect you to our garden, land and historic sites and to other members of the local foods community.

### **Ingredients from the Henry A. Wallace Country Life Center farm:**

Asparagus, Spinach, Sorrel,  
Micro Greens, Shoots, Winter Squash,  
Cabbage, Cauliflower, Winter Radishes,  
Beets, Tomatoes, Nettles, Leeks, Onions,  
Garlic and Herbs

### **Thank you for supporting these other Iowa farms and food businesses:**

Orr Lamb  
Boyer Family Farms  
Mary's Farm & Garden  
Early Morning Harvest  
Story City Locker  
Milton Creamery  
Doe's & Diva's Dairy  
Picket Fence Creamery  
South Union Bakery  
Farm Table Delivery

Come again soon!



Wallace House: 756 16th Street, Des Moines • 515.243.7063 • [www.wallace.org](http://www.wallace.org)

Find us on Facebook: The Wallace Centers of Iowa • Follow us on Instagram: [@wallacecenters](https://www.instagram.com/wallacecenters)