

FARM to TABLE THURSDAYS

seasonal dining from Iowa farms

April 18, 2019

appetizers

LAMB AND VEGETABLE MEATBALLS 11
Nettle Puree, Pickled Garlic and Sunflower Sprouts Salad

VEGETABLE AND CHEESE PLATE 13
Winter Radishes, Beets, Pickled Vegetables, Prairie Breeze Cheese,
Housemade Accompaniments

Chef's Special: OVERWINTERED SPINACH SALAD 8
Spinach, Microgreens, Sprouts, Radishes, Goat Cheese,
Almonds, and Aronia Berry Vinaigrette

entrees

PAN SEARED POLENTA CAKE 13
Roasted Delicata Squash, Corn Salad, and Onions,
Sungold Tomato Sauce

SLIDER TRIO 15
Seared Beet, Shoots, Goat Cheese; Mangalitsa Ham, Soy Aioli,
Micro Greens; Lamb Sausage, Pickled Cauliflower Relish, Sprouts

Chef's Special: PAN ROASTED PORK LOIN 23
Sautéed Micro Greens, Spinach, and Mustard Greens, Sweet Potato
Rhubarb Puree, Pork Jus

shared vegetable sides

Selections vary 6

desserts

BUCKWHEAT HONEY ICE CREAM 8
Rosemary Almond Biscotti

Chef's Special: APPLE GINGER TART 8
Whipped Yogurt, Elderberry Reduction

beverages

SMOKEY ROW COFFEE 2
TEA 2

A note from Chef Katie:

Thank you for dining at the Wallace House tonight. I want to share our core food values and beliefs with you because I think these set us apart from many other dining options:

- Menus connect to our garden, land, and historic sites
- Seasonal, housemade dishes
- Quality ingredients
- Local sources to support Iowa's family farms & small businesses

We embrace local food and sustainable agriculture. Sourcing fresh, seasonal ingredients locally results in tastier, more nutritious food and showcases Iowa's ability to produce high quality ingredients. Farm to Table Thursdays connect you to our garden, land and historic sites and to other members of the local foods community.

Ingredients from the Henry A. Wallace Country Life Center farm:

Mustard Greens, Spinach, Bok Choy, Micro Greens, Sprouts, Winter Squash, Cabbage, Cauliflower, Winter Radishes, Beets, Tomatoes, Celeriac, Leeks, Onions, Garlic and Herbs

Thank you for supporting these other Iowa farms and food businesses:

Orr Lamb
Boyer Family Farms
Mary's Farm & Garden
Early Morning Harvest
Story City Locker
Milton Creamery
Doe's & Diva's Dairy
Picket Fence Creamery
South Union Bakery
Farm Table Delivery

Come again soon!



Wallace House: 756 16th Street, Des Moines • 515.243.7063 • www.wallace.org

Find us on Facebook: The Wallace Centers of Iowa • Follow us on Instagram: [@wallacecenters](https://www.instagram.com/wallacecenters)