



Big As a Barn News

February, 2019

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"Gal"-entine's at CLC
love, hearts & homes
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dates to know

Feb. 8 Hearts & Homes, WH
Feb. 9 "Gal"-entine's Brunch,
CLC
Feb. 14 Valentine's Dinner, WH
FULL
Feb. 28 "Know Your Farmer"
Mangalitsa Pork Dinner, WH
FULL

March 15 Hearts & Homes, WH
March 23 Garden Workshop,
Orient Methodist Church
March 28 Farm to Table
Thursdays begin, WH

WH: Wallace House
CLC: CountryLife Center



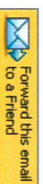
shared use kitchen

Operated by WCI, the Mickle Center Shared Use Community Kitchen in Des Moines is available to rent. Contact Kitchen Supervisor **Mary Kapler** or call her at 515.282.4715.

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volunteer

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"Gal"-entine's Brunch at the farm

Don't forget all the heart-warming female friendships in your life! Celebrate them at our first "Gal"-entine's Brunch on Saturday, Feb. 9, 10-11:30 am.



Stuffed French toast, scrambled eggs, fruit, mock mimosas, and a cocoa bar with homemade marshmallows. \$15 includes brief program and activities. Call 641.337.5019 or email [Lisa](#).

Love at Hearts & Homes

A new year of our popular Hearts & Homes Historic Teas begins Friday, Feb. 8 at the Wallace House. Bring your spouse, family, or friends and celebrate all kinds of love with a 3-



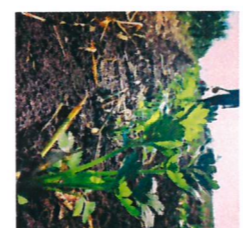
course lunch and program from 11:30 am to 1 pm. \$25/person inclusive. Email [Deborah](#) or call 515.243.7063. Spring dates include March 15, April 12 & May 17. Private teas are available for groups of 20 or more; just ask.

Farm to Table Thursdays begin 3/28

A new season of "Farm to Table Thursdays" kickoff March 28 at the Wallace House. Her seasonal, locally-sourced menu features a special chef's appetizer, entree, and dessert inspired by the farm plus several mainstays. Dishes change often, depending on what fruits and vegetables are ready for harvest. Reservations are available from 5:30 to 8 pm and strongly recommended as seating is limited. Check your calendar for those special occasions and [reserve](#) your seat now.



Garden Workshop new location



Mark your calendar for Saturday, March 23 for the 2019 Garden Workshop. We're moving to a **bigger venue** to handle everyone who wants to come: Orient United Methodist Church, right on Highway 25 in Orient. Cost is \$30/person. More details on all the speakers and subjects will be announced soon, but [Lisa](#) can take your reservation now. Email her or call 641.337.5019.

NEW for 2019! Garden for Good

In 2019, we'll be growing at least 10,000 pounds of sweet potatoes for the Food Bank of Iowa. They'll distribute the produce to food-insecure Iowans throughout 55 counties.



The need is great: 1 out of every 8 Iowans is food insecure, and the amount of fresh produce available to this group is limited. With our long history of producing sustainably-grown produce, WCI is in a unique position to help meet this critical need.

Why sweet potatoes? Sweet potatoes grow well at the Country Life Center. They store well, are easy to prepare and are a relatively nutrient dense food--all important traits for food-insecure people and a good choice for our first effort.

This new project will take the place of our CSA program. Now that Iowa-grown produce is more mainstream, WCI needs to be part of the next emerging issue in accessing locally grown organic produce.

Our "Garden for Good" will help food-insecure Iowans access more locally-grown produce and eat more healthfully. Because our new customers have limited income, we'll be seeking contributions to cover the expenses of seed, equipment, and labor. If you'd like to be a "Garden for Good" sponsor, [donate on-line](#) or send a check to the address below.

The Wallace Centers of Iowa
Email | [Web Site](#)

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